

# +8KM Formentera

Illes Balears

## 11 MAIG 2024



## GENERAL INFORMATION:

**Date:** May 11, 2024

**Starting line:** PM-820 crossroads Crta. Ca Mari (Restaurante La Tortuga) at 6pm

**Finishing line:** Paseo de la Marina (La Savina).

**Maximum arrival time:** at 8:00pm.

**Participation limit:** 1.000 participants

**Registration fee:** 25€ per person + administration fee (0,90€)

**Registrations' policy:** Due to the method of registration, the entries awarded in the draw and confirmed are considered definitive, **so no cancellations will be admitted for any reason**, therefore during the registration process an insurance is offered to cover the costs incurred. Not contracting the insurance means not having the right to cancel or claim the registration fee.

No bib transfers, name changes and distance changes are allowed.

If for any reason, contrary to the will of the Organization: health pandemics, terrorist acts, climatic circumstances, traffic accidents or cuts in sections of circuits, denial of government authorization for any cause or pretext, etc., the race cannot carry out on the scheduled date, at the request of the participant, the Organization will refund 75% of the registration fee. The remaining 25% will remain in the possession of the organization to cover the management costs of each participant, such as bank fees, insurance, preparation of number or other expenses incurred for the registration.

**If the race is postponed**, the participant may also choose to save the total amount of their registration and keep it open for the new date.

**Minimum age:** **16 years old on the day of the competition.** If you are under 18 you must provide the appropriate parental consent required by the organisation. This document can be downloaded from the website.

**Route:** Urban and interurban circuit, totally closed to traffic. The route passes through the streets and roads listed below:

Altitude	Itinerary	Total Km.
15	<b>Real Start.</b> PM-820. crossroads Crta. Ca Marí (Rte. La Tortuga)	0
5	<b>Sant Ferran.</b> Entrance to town, right turn by c/ Guillem Montgrí, direction Es Pujols	0,7
5	<b>Es Pujols.</b> Enter town through Avenida Miramar, straight on at roundabout, left turn into c/ Espalmador.	2.6
5	Exit town, direction La Savina	3
3	<b>Refreshment stop.</b>	4.6
3	<b>Platja de Ses Illetes,</b> straight on, direction La Savina.	5.7
3	<b>La Savina,</b> turn right for Gregal St	7.4
3	Crossroads on the bridge straight across Ponent St., turn left until Av. Mediterrania. Right tur on Mare de Déu del Carne St.	7,8
2	<b>Arrival.</b> Port of La Savina. Paseo de la Marina.	8.1

#### Refreshments:

- Point Km 4,6: Water, fruit and possibility to refill the bottle of isotonic beverage\*
- Finish Line Area: Water, fruit, soft drink and some sweets.

\*At the start of the race each runner will be given a 250 ml bottle of isotonic (one per participant).

**It is recommended to bring whatever each runner may need for the first few kilometres of the course.**

#### Bib numbers pick-up:

Place: **PORT DE LA SAVINA. Tent located in the Passeig de la Marina (next to the finish line).**

Friday 10/05/2024, from 10:00 to 21:00 hours non-stop.

Saturday 11/05/2024, from 09:30 to 17:30 hours.

An official identity document (ID card, passport, driving licence) and knowledge of your designated race number is essential for collection.

**IMPORTANT: ONLY THE REGISTERED PERSON CAN PICK UP HIS/HER OWN BIB NUMBER. IT IS NOT POSSIBLE TO AUTHORIZE ANOTHER PERSON TO PICK UP THE BIB NUMBER**

We have extended the timetable for the bib numbers pick up, so it will not be possible to give the bib to another person other than the registered person.

We remind you that **bib numbers cannot be picked up at Sant Ferran.**

**Transfer of Participants:** The organization will provide participants with a free shuttle service to the starting line from different points of the island.

At the time of registration you can choose the point from where you want to take the bus. Once the transfer point is chosen in the registration form, **changes can be made, without any inconvenience, when picking up the race number in Formentera.** No changes will be accepted by phone or mail.

All participants, along with the bib number, will be given the ticket corresponding to the departure point indicated on the registration form. In order to access the bus, it will be necessary to show the bib number and hand in this ticket, which must coincide with the bus stop. **This requirement is essential to access the bus.**

Participant transfer points and times:

- La Savina (Ferry Station parking area), at 16:45 h.
- Sant Francisco Javier (Sa Sanieta parking area - Sup. Eroski) at 17:00 h.
- Es Pujols (c/Barcelona, next to the roundabout at the entrance from Sant Ferran), at 16:45 h.
- Pilar de la Mola, at 16:30 h.
- Cruce Mariland (ascent to La Mola), at 16:45 h.
- Es Caló (Muelle car park), at 17:00 h.

Return from the Finish Line to meeting points will begin at 19:30h. Ferry Station Parking Area.

**IMPORTANT NOTICE:** For participants arriving from Ibiza on Saturday at midday, before boarding the bus it is necessary to collect your bib number at the tent, , so please make your journey from Ibiza with enough time. **NO PASSENGER WILL BE ADMITTED WITHOUT A TICKET AND WITHOUT A RACE NUMBER.**

**Note:** The organisation reserves the right to change schedules and collection points for technical reasons. Should this occur, the final schedule will be communicated to the participants during the collection of the race numbers.

**Race Control:** This will be carried out with a chip.

Participants who have a yellow chip may use it once they have coded with the organisation (enter the code in the registration form on the website). That must be placed on the shoe (shoelaces/velcro adhesive), not more than 30 cm from the ground to ensure proper timekeeping.

Participants who do not have their own chip may purchase a single-use chip at the time of registration, which will be given to them attached to the race number. Price chip one single use: 3 €.

**Gifts:** When picking up the race number, each athlete will receive a souvenir of the event. The size of the T-shirt must be chosen at the time of registration, where you can find the information about the measurements of each size. **For logistical reasons, it is not possible to change t-shirt sizes.**

Whoever finishes the race will be entitled to a medal that can be collected when crossing the finish line.

**Cloakroom service:** At the start, there will be a bag storage service for participating athletes. The checkroom will remain open until fifteen minutes before the start of the race (17:45 h). Only one bag per participant of maximum 10 kg will be admitted. The participant is encouraged to come to the race with only what is necessary for the race.

The bag must be closed and identified with the label provided by the organization, together with the race number.

In the Finish Line area there will be an area where the bags will be deposited, distributed by number. The withdrawal will be done by showing the race number.

The organization is not responsible for personal belongings left in the cloakroom.

**Medical Services** There will be a doctor providing medical services. All athletes with physical, respiratory, allergy, etc. issues requiring special attention will have to notify the Organisation before starting the competition and include it on the back of their race number.

All runners participating in the race do so under their own responsibility and declare that they have an acceptable physical condition to participate. The Organisation recommends that all runners undergo a medical and/or stress test before the start of the race.

**Ambulance service:** There will be an ambulance service at the starting line, tailing the race and at the finishing line.

**Race insurance:** All officially registered participants will be covered by an insurance policy arranged by the Organisation which will cover any accidents that may occur as a direct consequence of the race but never as the result of a latent ailment or condition, carelessness, negligence, failure to observe the law or the rules, etc. or those produced whilst travelling to or from the place where the race is to take place.

The Organisation declines all responsibility for damages that participants may suffer or cause to others in the time before or after their participation in the race.

Not being covered by the insurance of the organization, it is strictly forbidden to accompany the participants by any type of vehicle, device or on foot. **This includes strollers carrying babies or children.**

**Race security:** The Local Police of San Francesc, Civil Guard Subsector Traffic, Formentera Civil Protection and the Organisation are responsible for ensuring the safety of the race, the athletes will follow all instructions received from the staff responsible for race security.

### **Trophies:**

- Trophy for the top 3 classified in each of the following categories "Overall Top Male", "Overall Top Female", "Overall Top Local male", "Overall Top Local female"

- Trophy for the winner of the other categories according to Article 4 of the regulation.

In this edition trophies are not cumulative.

**Award Ceremony:** At the finishing line (La Savina), at approximately 7.30pm.

If the qualifying participants are NOT present at the Award Ceremony it shall be construed as a waiver of the trophies. Any delegation to another person by the qualifying participants must be made known and approved by the Organisation, at least half an hour before the Award Ceremony.

**Services available to the participant at the finishing line:**

WCs, changing rooms and showers are available at the finishing line in addition to physiotherapy and active recovery services.

## RULES

**ARTICLE 1 -** Registration in the race implies acceptance of these rules.

**ARTICLE 2 -** These rules may be modified in order to comply with the safety regulations laid down by the health authorities or any other circumstances at the time of the event.

**ARTICLE 3 - Minimum age:** 16 years old on the day of the competition. If you are under 18 you must provide the appropriate parental consent required by the organisation. This document can be downloaded from the website.

**ARTICLE 4 - Categories:** A category shall be deemed constituted when 3 or more athletes have registered in it, otherwise the Organisation may cancel it or classify athletes in other categories.

- Overall Top Male.
- Overall Top Female.
- Overall Top Local Male.
- Overall Top Local Female.
- Youth and Junior Male and Female (01/01/2005 – 11/05/2008).
- Promising and Senior Male and Female (12/05/1989 – 31/12/2004).
- M35 Male and Female (12/05/1979 – 11/05/1989).
- M45 Male and Female (12/05/1969 – 11/05/1979).
- M55 Male and Female (born before 12/05/1969).

**ARTICLE 5 - Trophies:**

- Trophy for the top 3 classified in each of the following categories "Overall Top Male", "Overall Top Female", "Overall Top Local Male", "Overall Top Local Female"

- Trophy to the first classified in the rest of the categories according to article 3 of these regulations.

In this edition trophies are not cumulative.

If the qualifying participants are NOT present at the Award Ceremony it shall be construed as a waiver of the trophies. Any delegation to another person by the qualifying participants must be made known and approved by the Organisation, at least half an hour before the Award Ceremony.

**ARTICLE 6- Disqualifications:** Athletes who do any of the following will be automatically disqualified from the race:

- Do not wear the official race numbers.
- Do not complete the full race.
- Alter or conceal the advertising on the race number.
- Wear the race number assigned to another athlete.
- Enter the race without their race number.
- Do not follow the instructions given by judges or Organisation staff.

The Organisation may exclude any participants from the race who act in an unsporting way or disrespect the organisers and/or other participants.

Disqualified runners will automatically lose any rights to trophies & medals.

**ARTICLE 7.- Registration refund policy:** Confirmed entries are considered definitive, so no cancellations will be accepted for any reason. No bib transfers, name changes or distance changes will be accepted.

#### **ARTICLE 8 –**

By entering the **8 KM. SANT FERRAN - LA SAVINA 2024**, participants give their consent for the CONSELL DE FORMENTERA and UNISPORT CONSULTING SL to take photographic and / or audiovisual files for commercial purposes. The images and / or videos will be displayed in the profiles that the company manages in the various social networks or used for marketing campaigns related to the events that UNISPORT CONSULTING SL or its related companies (GERMATUR GESTION SL) can perform.

Personal data will be included in a file owned by CONSELL DE FORMENTERA & UNISPORT CONSULTING SL. Said information will be used to satisfy the service contracted by you and may be assigned to GERMATUR GESTION SL for the satisfaction of the contracted service and for commercial prospecting related to said companies.

You can exercise your rights ARCO (Access, Rectification, Cancellation and Opposition) by writing to the following address: UNISPORT CONSULTING SL - GREMI SABATERS 21 FLOOR 1 OFFICE A17 - 07009 – PALMA o mail [administracion@unisportconsulting.com](mailto:administracion@unisportconsulting.com)

Also, pursuant to the purposes of sporting interests for the worldwide promotion, distribution and exploitation of **8 KM. SANT FERRAN - LA SAVINA 2024** on any device (Internet, advertising, etc.), participants expressly waive, without time limit, in favour of the Organisation, the right to reproduce their name and surname, the participants' position in the general and individual classifications, the category, the sports brand and its image (reproduction of photos during the race, publication of qualifying lists, etc.).

The acceptance of these regulations necessarily implies that the participant authorises the organisers of the **8 KM. SANT FERRAN - LA SAVINA 2024** to totally or partially record their participation in it, to use their image for the promotion and dissemination of the race in all forms (radio, press, video, photo, DVD, Internet, posters, media, etc.) and gives up all rights to their commercial and advertising use that the Organisation sees fit to run without the participant receiving any financial compensation.

#### **ARTICLE 9 - Disclaimer:**

Considering that I have registered for the **8 KM. SANT FERRAN - LA SAVINA 2024**, I agree to abide by the rules governing the race, in addition to the rules of the race direction and accept the rules found on the Organisation's website, [www.marato-formentera.com](http://www.marato-formentera.com)

Thus:

- I declare that I am solely responsible for all my possessions and sports equipment during the race and any of its activities.
- I affirm and verify that I am physically fit and sufficiently trained to complete this race and have undergone the appropriate medical examinations. Being physically prepared for the competition, I enjoy good general health, and do not have any disease, physical defect or injury that may be aggravated by my participation in this race. If I suffer some kind of injury or other circumstance that could seriously harm my health during the race, I will tell the Organisation as soon as possible.
- I agree to receive at my own cost any medical treatment necessary due to injury, accident and/or illness during the race. Therefore, I am attending at my own will and initiative, fully assuming the risks and consequences of my participation.
- I allow the free use of my name and any image in any publication or media taken during the race. In the case of being under 18 years old, the appropriate parental consent required by the organisation must be provided. This document can be downloaded from the website or the from the registration confirmation e-mail.
- I release the Organisation, event directors, employees, sponsors and volunteers of the race from any liability or claim on my part. Including any harm or direct or indirect injury and death. This does not apply if the harm or injury is caused due to wrongdoing or negligence by the Organisation.
- I am in possession of the physical ability, technical skills and resources necessary to ensure my own safety, under the conditions of autonomy in which the race will take place.
- I understand and agree to abide by the rules and security protocols established by the Organisation for the race, and to maintain a responsible behaviour that does not increase the risks for my physical or mental integrity. I will follow the instructions and abide by the decisions made by the Organisation's staff and volunteers (judges, doctors and organisers) regarding security issues.
- I authorise the race Medical Services, to treat me or conduct diagnostic tests on me that I might need whether I am in the condition to request it or not; if they consider I should leave the race for my own health I will do so.
- My race number is personal and non-transferable, therefore no other participant or any other person can wear it in my place.
- I know that the organising entity reserves the right to accept or decline any participant, even if they have paid the registration fees that will be refunded to me should I not be admitted.
- I agree to follow the general guidelines of respect for the environment:
  - a) Follow the race circuit carefully.
  - b) Not alter natural processes and the natural functioning of ecosystems.
  - c) Not damage the biotic, geological, cultural or general resources of the area.
  - d) Navigate around or avoid environmentally sensitive areas.
  - e) Carry out physiological needs in appropriate places or, in any case, far from exposed areas.
  - f) Not throw away nor leave objects or solid or liquid waste in areas other than designated refuse collection points.

**ARTICLE 10** - The organisers reserve the right to change or modify any information concerning the race or cancel it due to force majeure, publishing it on the official website.

**ARTICLE 11** - Any motorised vehicles or bicycles that do not belong to the Organisation are strictly prohibited. Motorised bicycles and official vehicles that follow the race will be visibly identified at all times.

It is strictly forbidden to accompany participants by any type of vehicle, device or on foot. **This includes strollers carrying babies or children.**

**ARTICLE 12** - Participants accept each of the articles of these regulations and commit honestly and in fair-play not to anticipate the start time and to cover the full distance before crossing the finishing line.